

Northern Rowan and Salisbury Family Medicine Health Neighborhood

Food	Housing	Transportation	Medication Assistance	Caretaker Support
Rowan Helping Ministries <ul style="list-style-type: none"> 226 North Long Street, Salisbury, NC 28144 Provides food pantry services Monday-Friday, 9 a.m.-3:30 p.m Please call to make an appointment, 704.637.6838, Option 1. Jeannie's Kitchen nutritious noon—day meals provided to all. 7 days/week from 12-1 pm. 	Rowan County Department of Social Services <ul style="list-style-type: none"> 1813 East Innes Street, Salisbury, NC 28146 Individuals needing assistance should call to speak with someone from Crisis Assistance. 704-216-8330 	Salisbury Public Transit <ul style="list-style-type: none"> 300 West Franklin Street, Salisbury, NC 28144 (704) 638-5252 Available Monday through Friday from 6 am to 7 pm Standard one-way fare to ride a Transit bus is \$1.00	Cannon Pharmacy <ul style="list-style-type: none"> 1401 Jake Alexander Blvd. South, Salisbury, NC 28146 Available Monday through Friday from 9 am to 7 pm and Saturday from 9 am to 4 pm. Provides in store pick up, drive thru and free delivery. 980-892-0700 	Brookdale Senior Living Assisted Living <ul style="list-style-type: none"> 2201 Statesville Boulevard, Salisbury, NC 28147 Provides assisted living for seniors and adults with disabilities. Available Monday through Friday from 8 am to 5 pm 704-636-0588
First Baptist Church-Cooleemee <ul style="list-style-type: none"> 204 Marginal Street, Cooleemee, NC 27014 15 miles from site Offers food pantry services 2nd and 4th Saturday of each month from 10 am to 11:30 am 336-284-2626 Address and proof of ID needed 	Rowan Helping Ministries Shelter <ul style="list-style-type: none"> 217 North Long Street, Salisbury, NC 28144 Provides temporary overnight shelter and related services Open 24 hours. Assistance in locating permanent housing is available for qualifying individuals and families 704.637.6838, Option 2. 	Rowan Transit System <ul style="list-style-type: none"> 2726 Old Concord Road, Salisbury, NC 28146 Monday thru Friday from 7:00 am to 5 pm. Call to sign up for transportation services 704-216-8899 West Rowan- Tuesday North Rowan- Wednesday South Rowan Thursday East Rowan- Friday 	Price Pharmacy <ul style="list-style-type: none"> 110 East Bank Street, Granite Quarry, NC 28144 Offers in-store pharmacy as well as free delivery. (Prescriptions must be called in by 10 am.) Available Monday through Friday from 9 am to 6 pm and Saturday from 9 am to 1 pm. 704-279-2579 	Daymark Recovery Service <ul style="list-style-type: none"> 2129 Statesville Blvd. Salisbury, NC, 28147 Provides mental health and substance abuse help. Fee sliding scale available. 704-633-3616
Rowan County Department of Social Services <ul style="list-style-type: none"> 1813 East Innes Street, Salisbury, NC 28146 Food and nutrition benefits available 704-216-8330 		Rowan County Department of Social Services (Medicaid Transportation) <ul style="list-style-type: none"> 1813 East Innes Street, Salisbury, NC 28146 Provides medical transportation 704-216-8896 7:30 am – 5 pm Monday through Friday 	Salisbury Family Medicine <ul style="list-style-type: none"> 330 Jake Alexander Blvd. West, Salisbury, NC Provides healthcare with fees based on a sliding scale for patients with low income. 704-519-2366 	Lifeworks Behavioral Center <ul style="list-style-type: none"> 612 Mocksville Avenue, Salisbury, NC 28144 Programs to assist with psychiatric issues. 704-210-5302
Rowan Helping Ministries East <ul style="list-style-type: none"> 2570 St. Peter's Church Road, Salisbury NC 28146 Food pantry available 2nd and 3rd Saturdays 9 am to 10:30am or by appointment 704-279-5054 	Salvation Army <ul style="list-style-type: none"> 620 Bringle Ferry Road, Salisbury, NC 28144 Can provide emergency rent and utility assistance for qualified individuals. 704-636-6491 	Rowan County Department of Social Services (Medicaid Transportation) <ul style="list-style-type: none"> 1813 East Innes Street, Salisbury, NC 28146 Provides medical transportation 704-216-8896 7:30 am – 5 pm Monday through Friday 	Salisbury Family Medicine <ul style="list-style-type: none"> 330 Jake Alexander Blvd. West, Salisbury, NC Provides healthcare with fees based on a sliding scale for patients with low income. 704-519-2366 	Lifeworks Behavioral Center <ul style="list-style-type: none"> 612 Mocksville Avenue, Salisbury, NC 28144 Programs to assist with psychiatric issues. 704-210-5302
Grateful Heart Community Services <ul style="list-style-type: none"> 706 Dunn's Mountain Road, Salisbury NC 28072 Offers food pantry and clothing pantry services. 704-209-2257 	Salisbury Community Development Corporation <ul style="list-style-type: none"> 1400 West Bank Street, Salisbury, NC 28144 Offers mortgage assistance and housing repairs within Rowan County. 704-216-2738 	Piedmont Authority for Regional Transportation (PART) <ul style="list-style-type: none"> Regional bus transport between piedmont cities and surrounding counties 336-883-7278 	Northern Rowan Family Medicine <ul style="list-style-type: none"> 300 Salisbury Avenue, Spencer, NC 28159 Provides healthcare with fees based on a sliding scale for patients with low income. 704-216-2630 	
Rowan Meals on Wheels <ul style="list-style-type: none"> 1307 S. Salisbury Avenue, Spencer, NC 28159 704-633-0352 Offers home delivered meals for qualified Rowan County individuals age 60 yrs+ 				

Need More Assistance? Contact Northern Rowan Family Medicine and Salisbury Health Center Care Coordinator at [704-216-1734](tel:704-216-1734)

Useful Links:

Find Help based off of Zip Code: <https://www.findhelp.org/>

Rowan Meals on Wheels: <https://www.mowrowan.org>

Rowan County Community Resources Guide https://www.ncworks.gov/admin/gsipub/htmlarea/uploads/CRAG/Rowan_County.pdf