



## CRCHC Welcomes Karen Rodriguez

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**Concord, NC** - CRCHC is pleased to announce that Karen Rodriguez has joined the Federally Qualified Community Health Center and will be seeing patients at our Logan Family Medicine and Dental Clinic location.

Karen Rodriguez is a Licensed Clinical Social Worker who comes to Cabarrus Rowan Community Health Centers with experience of working with a diverse population. She stated that she aims to help meet mental health needs of the underserved and uninsured that are seeking behavioral health services. “Since I was younger, I wanted to help people,” Karen said, “I noticed the challenges Mental Health, and I wanted to work with adolescents while in college. Rodriguez takes pride in completing her education because she was one of the first in her family’s generation to obtain a higher education. She plans to continue to seek education opportunities to ensure she stays consistent in her field.

Language can create a barrier in health care causing individuals with different backgrounds to not receive the help they may need. Karen is bilingual in English and Spanish granting her the ability to effectively communicate with patients. She noted that COVID-19 has caused Behavioral Health services to evolve. “COVID-19 was a huge challenge in our field. Telehealth has been introduced. I think providing Telehealth appointments due to COVID had a big impact which brings advantages and disadvantages to the community we serve.” Karen said. She is here to understand patients’ struggles in a non-judgmental manner, accept differences, and help individuals develop goals they want to accomplish themselves. Karen learns many things from her patients, but one major thing is that they are experts in their own lives; she’s there to help them discover their potential.

Beyond Behavioral Health, Karen is family oriented and enjoys family activities, catching up on shows, and maintaining an active lifestyle.

Cabarrus Rowan Community Health Centers, Inc. (CRCHC) is a community-based nonprofit organization founded in 2003 and dedicated to positively impacting the health of the community. CRCHC serves more than 15,000 patients annually by providing quality medical, dental, and behavioral health services, without regard for a patient's ability to pay, and serves as a community resource for eliminating health disparities.