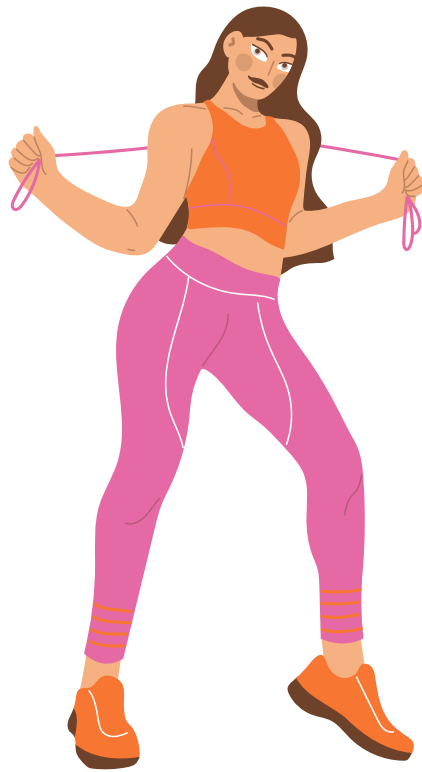




# WELLNESS HOUR

## FIESTA FITNESS

Join our health coaches for a fun, upbeat, dance-fitness workout to Latin music!

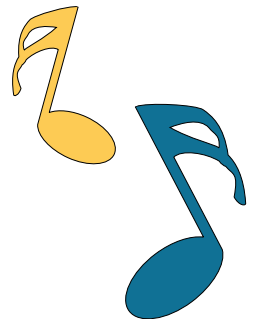


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**ALL FITNESS LEVELS WELCOME!**  
**SEPTEMBER 19TH @6-7PM**

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307 E. Thom Street  
China Grove, NC 28023





# HORA DE BIENESTAR

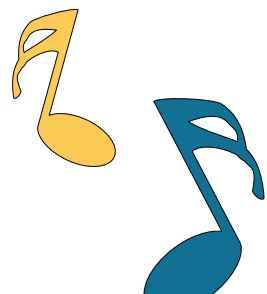
## FIESTA FITNESS

¡Únete con nuestras entrenadoras de salud para una diversión, ejercicio de baile con música latina!



**¡TODOS LOS NIVELES DE CONDICION FISICA SON BIENVENIDOS!**

**SEPTEMBER 19TH @6-7PM**



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