



CRCHC Welcomes Elizabeth Owusu

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Concord, NC - CRCHC is pleased to announce that Elizabeth Owusu has joined the Federally Qualified Community Health Center and will be seeing patients at multiple locations.

Elizabeth was born in Ghana, West Africa and comes to Cabarrus Rowan Community Health Centers with over 16+ years of experience. Owusu describes Ghana as a place where many things are reserved for the wealthy, including education, mental health, and health care. “In many cases, a preventable illness becomes an epidemic due to lack of better understanding of one’s medical diagnosis and treatment course,” she said, “In some cases, poor communication is to be blamed but often, the case is the underprivileged, who are purposely undertreated. This experience fueled my desire for healthcare when I got the opportunity.” Elizabeth earned her nursing degree in Charlotte, NC and is a dual certified Family Nurse and Psychiatric Mental Health Nurse Practitioner.

Owusu always aspired to further her career in nursing but was not sure what path to take. It wasn’t until the passing of her daughter 9 years ago and her mother’s suffering from depression that she decided to delve into mental health. She enjoys being able to help individuals with mental health disorders and seeing their progression with adequate treatment. “Mental health is so passionate and personal to me.” Owusu stated. Health care is a continuously changing environment. Healthcare professionals witness growing numbers of patients with diverse cultural backgrounds. Elizabeth knows that understanding patients’ needs is key to reducing disparities which adversely increases patient satisfaction. “The more satisfied my patients are, the more I feel accomplished. I have learned a lot from my patients, listening and being compassionate is the key.” she said. Elizabeth partners with churches in the community to address mental health issues and awareness to cultures that may not believe in mental health and refuse to discuss it.

Beyond behavioral health, Owusu enjoys traveling and being with her family, especially her daughter and siblings. She wants her patients and peers to always remember her as a loving and compassionate person.

Cabarrus Rowan Community Health Centers, Inc. (CRCHC) is a community-based nonprofit organization founded in 2003 and dedicated to positively impacting the health of the community. CRCHC serves more than 15,000 patients annually by providing quality medical, dental, and behavioral health services, without regard for a patient's ability to pay, and serves as a community resource for eliminating health disparities.